

PROGRAM & CAREER HIGHLIGHTS:

- ✓ \$24,000 - \$38,400 wage range.
- ✓ Students have the opportunity to increase their earning potential.
- ✓ *Professional Opportunities:* Students have found employment working for regional health authorities, health service agencies and personal care homes.
- ✓ Students attain their PHIA certification.

Examples of positions graduates of this program can expect to qualify for:

Health Care Aide, Home Care Attendant, Personal Support Worker



HEALTH CARE AIDE CHALLENGE

The Challenge program will be of interest to those who are currently working as uncertified Health Care Aides. Upon completion of this program, you will be able to apply for and work in Certified Health Care Aide positions. Many graduates have benefited from a resulting salary increase.

WINNIPEG CAMPUS

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PROGRAM OUTLINE - 12 WEEKS

ABUSE	This course acquaints you with concepts of family violence and abuse. You will learn to recognize possible signs of abuse, as well as appropriate actions to be taken (including legal requirements) if abuse is suspected.
ASSISTING A PERSON WHO IS DYING (PALLIATIVE CARE)	You will be introduced to ideas and theories that will help you in your role as a Health Care Aide, assist a person who is dying or impacted by a life-threatening illness as well as assist their support network.
ASSISTING THE FAMILY	As a Health Care Aide, you will be assisting families. This course will help you understand the characteristics of today's families in terms of structure, functions, roles, lifestyles and relationships.
ASSISTING A PERSON WITH MOBILITY	You will learn proper transfer & lift techniques used in today's healthcare system. Time will be spent in the lab practicing transfers & lifts.
ASSISTING A PERSON TO MANAGE ONGOING CONDITIONS	This course will teach you concepts of assisting a patient/client to manage these conditions and the effects the condition may have.
ASSISTING A PERSON WITH MEDICATIONS	Many Health Care Aide roles require you to assist a person with medication. Throughout this course, you will learn to assist a patient/client with medication as it may be essential in supporting the patient/client's independence, or in supporting a family caregiver.
ASSISTING A PERSON WITH PERSONAL HYGIENE	You will gain the skills and sensitivity to provide appropriate assistance to patient/client regarding their personal hygiene.
COGNITIVE IMPAIRMENT & MENTAL HEALTH ISSUES	Introduction to common psychiatric conditions (affective disorders & schizophrenia), substance abuse and cognitive impairment.
INDIVIDUALITY OF THE PERSON	Introduces you to the concept of individuality. You will learn how a person's experiences, rights, interests and needs affect your relationship with them.
INTERPERSONAL SKILLS	You will learn the importance of communication and interpersonal skills essential to establishing and maintaining effective relationships with patient/clients.
PROVIDING OPTIMAL SUPPORT/ CARE PLANNING	The support and care plan or service contract is the framework within which you provide support and care to the patient/client. You will learn about implementing parts of a care plan and communicating information accurately and without judgment.
ROLE OF THE WORKER	This course introduces you to the role and scope of practice of workers providing support to patients/clients and families in individual homes, hospitals and long-term care facilities.
SAFETY	Throughout this course you will learn best practices for patient/client safety.

INDUSTRY PRACTICUM

A practical assessment is included in this program. This assessment will give you a chance to put your newly acquired skills to work in a "real-world" environment while gaining valuable experience.

STUDY SKILLS FOR COLLEGE STUDENTS WORKSHOP

This three hour workshop introduces students to strategies to be successful in their program and beyond. The following topics will be covered:
Reading Strategies, Test-taking Strategies, Good Study Habits, Study Groups & Learning Styles, Self evaluation & creating a personal study plan

date //

time //

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