

## PROGRAM & CAREER HIGHLIGHTS:

- ✓ \$24,000 - \$38,400 wage range.
- ✓ Students attain their CPR/First Aid, Non-Violent Crisis Intervention and PHIA certifications.
- ✓ Industry designed and supported Health Care Lab and Food Preparation Lab
- ✓ Two uniforms are provided at no charge throughout the program.
- ✓ Professional Opportunities: Students have found employment working for regional health authorities, health service agencies and personal care homes.

Examples of positions graduates of this program can expect to qualify for:

*Health Care Aide, Home Care Attendant, Personal Support Worker*

# HEALTH CARE AIDE

*This program combines theory and practical training to equip graduates for positions as Health Care Aides, Home Care Attendants, Home Support Workers or Personal Support Workers. The increasing focus on in-home support and assistance for the ailing, disabled, elderly, and their families along with the development of seniors/assisted living and supportive care housing facilities has created several career opportunities in this field.*

### WINNIPEG CAMPUS

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# PROGRAM OUTLINE - 22 WEEKS

<b>ABUSE</b>	This course acquaints you with the concepts of family violence and abuse. You will learn to recognize possible signs of abuse, as well as appropriate actions to be taken (including legal requirements) if abuse is suspected.
<b>ASSISTING A PERSON WHO IS DYING (PALLIATIVE CARE)</b>	You will be introduced to ideas and theories that will help you in your role as a Health Care Aide, assist a person who is dying or impacted by a life-threatening illness as well as assist their support network.
<b>ASSISTING THE FAMILY</b>	As a Health Care Aide, you will be assisting families. This course will help you understand the characteristics of today's families in terms of structure, functions, roles, lifestyles and relationships.
<b>ASSISTING A PERSON WITH MOBILITY</b>	You will learn proper transfer & lift techniques used in today's healthcare system. Time will be spent in the lab practicing transfers & lifts.
<b>ASSISTING A PERSON TO MANAGE ONGOING CONDITIONS</b>	This course will teach you concepts of assisting a patient/client to manage these conditions and the effects the condition may have.
<b>ASSISTING A PERSON WITH MEDICATIONS</b>	Many Health Care Aide roles require you to assist a person with medication. Throughout this course, you will learn to assist a patient/client with medication as it may be essential in supporting the patient/client's independence, or in supporting a family caregiver.
<b>ASSISTING A PERSON WITH PERSONAL HYGIENE</b>	You will gain the skills and sensitivity to provide appropriate assistance to patient/client regarding their personal hygiene.
<b>COGNITIVE IMPAIRMENT &amp; MENTAL HEALTH ISSUES</b>	In this course you will get an introduction to common psychiatric conditions (affective disorders & schizophrenia), substance abuse and cognitive impairment.
<b>COMPUTER FUNDAMENTALS</b>	This course introduces you to the basics of computers in a Windows 7 environment.
<b>FIRST AID/CPR &amp; NON-VIOLENT CRISIS INTERVENTION (NVCI)</b>	As part of your program, you will attain your First Aid/CPR and NVCI certifications.
<b>HOUSEHOLD MANAGEMENT &amp; MEAL PREPARATION</b>	This course provides you with the skills to assist the patient/client with their nutritional needs, household activities and household management. You will have the opportunity to prepare meals during this course.
<b>INDIVIDUALITY OF THE PERSON</b>	Introduces you to the concept of individuality. You will learn how a person's experiences, rights, interests and needs affect your relationship with them.
<b>INTERPERSONAL SKILLS</b>	You will learn the importance of communication and interpersonal skills essential to establishing and maintaining effective relationships with patient/clients.
<b>PROVIDING OPTIMAL SUPPORT/ CARE PLANNING</b>	The support and care plan or service contract is the framework within which you provide support and care to the patient/client. You will learn about implementing parts of a care plan and communicating Information accurately and without judgment.

<b>ROLE OF THE WORKER</b>	This course introduces you to the role and scope of practice of workers providing support to patients/clients and families in individual homes, hospitals and long-term care facilities.
<b>SAFETY</b>	Throughout this course you will learn best practices for patient/client safety.
<b>CAREER MANAGEMENT</b>	Throughout the program you will practice interview techniques, create or improve your resume, learn networking skills and how to successfully search and find career-related employment.
<b>INDUSTRY PRACTICUM</b>	A six week practicum is included in this program. This practicum will give you a chance to put your newly acquired skills to work in a "real-world" environment while gaining valuable experience.
<b>STUDY SKILLS FOR COLLEGE STUDENTS WORKSHOP</b>	This three hour workshop introduces students to strategies to be successful in their program and beyond. The following topics will be covered: <b>Reading Strategies, Test-taking Strategies, Good Study Habits, Study Groups &amp; Learning Styles, Self evaluation &amp; creating a personal study plan</b>

date //

time //

## NOTES